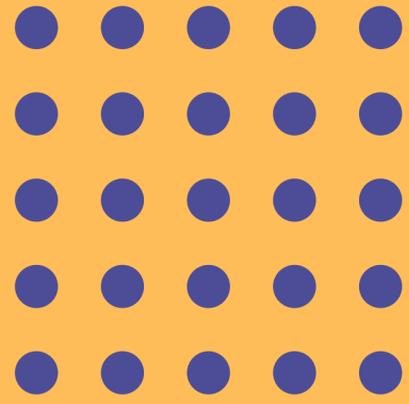


# ADULT MORNING GYM CLASSES



## SCHEDULE

	6:45 AM	8:30 AM	9:00 AM	9:30 AM
MON	spinning		cardio tone	novice line dance
TUE	spinning	line dance		
WED	-	-	cardio tone	novice line dance
THU	spinning	line dance	-	-
FRI	-	-	cardio tone	-
SAT	-	-	-	-
SUN	-	-	-	-

### CLASS RULES:

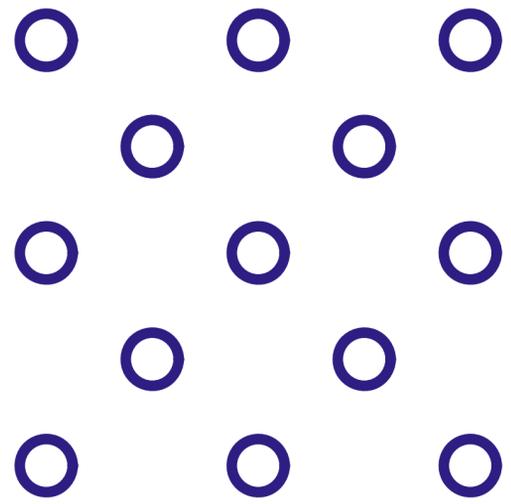
Pay daily fee or membership!

These are ongoing classes!



# ADULT EVENING FITNESS

## SCHEDULE



5:30 PM

MON	GOAL GETTERS
TUE	ZUMBA
WED	GOAL GETTERS
THU	ZUMBA
FRI	-----
SAT	-----
SUN	-----

### CLASS RULES:

GOAL GETTERS-PAY TO PLAY!

ZUMBA -PAY DAILY FEE  
OR MEMBERSHIP!

